



Hammond Center

for Assisted Living

HAMMOND CENTER HUB JANUARY 2021

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Names to Know

Dion Schrack

Executive Administrator

Tiffany Criswell

Administrator/RN

Sammi Bryan

Manager/RN

Lauren Lacaeyse

RN

Kayla Faas

Fitness Director

Abby Moyer

Activity Director

Katie Shaw

Housekeeper

A note from Abby

It has been an eventful year! In 2020 we welcomed new tenants, said see you later to a few who moved out, and said goodbye to those who passed away this year. A year ago I would have never been able to imagine what 2020 had in store for us (quarantine, mask fashion, missing loved ones, pandemic) but we made it through together! I would like to thank all of the tenants for choosing to live in the Hammond Center. It was wonderful to be able to spend time together as a Hammond Center family when we weren't able to be out and about with our families. I know that I speak for many staff members when I say “we think of you all as our grandparents.” I would like to thank all of the great staff who rose to the challenges facing them during the pandemic and continue to show up with a caring heart for the tenants. I look forward to spending our days in 2021 together and seeing what the new year will bring!

-Abby Moyer, Activity Director



We welcome Jane Thompson to the Hammond Center! Jane moved in on December 9th!

HOLIDAY FUN

December was a month filled with holiday fun! We baked family recipes including: Bev's Bars, Rhea's Gingersnap Cookies, and Ellen's Waffle Cookies just to name a few! We made Christmas door hangings, won quilts donated by Bill for BINGO, enjoyed lots of festive holiday attire for our Tinsel Tuesdays, and had a wonderful Christmas Party! At our Christmas Party each tenant received two gifts—one from a fellow tenant Secret Santa and a second gift from a staff member Secret Santa and we enjoyed delicious food! A special thank you to the Culinary Department at SFM for the wonderful table of food! We also had a Holiday Tour of Apartments to view all of the Christmas decorations throughout the whole building! Please enjoy the pictures from December on pages 2 and 3!



HOLIDAY PHOTOS



NEWS YOU CAN USE

Let's Celebrate!

Tenant Birthdays:

Margaret VanDerKamp

January 5th

Bev Creps

January 20th

Rhea Light

January 24th



Staff Birthdays:

No Staff Birthdays

The Hammond Center had many holiday goodies donated in December! We would like to thank Kate and Laura Diamond for fruit, the Peak family for pop, Brad and Michele Zegers for tins of popcorn, Candi for the hot cocoa bombs and jelly, Kathy Elliott for a tray of cookies, Michelle McLeod for Dots Pretzels and many others! Thank you for thinking of us this holiday season!



The new year is here and it is the perfect time to recommit to your fitness goals!

Join us Monday through Friday for fitness classes led by Fitness Director Kayla Faas! All classes are held in the Theater at 9:30am! Monday, Wednesday, and Friday is Chair Yoga– a relaxed class to stretch out your muscles and joints!

Tuesday and Thursday is a seated exercise class to help keep and even gain strength through the use of resistance bands! Both classes are perfect for all Hammond Center tenants to attend!

Follow us on Facebook to see photos, events, and stay in the loop for St. Francis Manor, Seeland Park, and the Hammond Center for Assisted Living!



Find us on Facebook!

www.facebook.com/SeelandPark

WORD GAMES



WINTER



WORD SEARCH

- | | |
|----------|-----------|
| BOOTS | HOT COCOA |
| MITTENS | HAT |
| ICICLE | SCARF |
| SNOWMAN | SNOWFLAKE |
| JACKET | FROZEN |
| PENGUIN | WINTER |
| SKIING | FIREPLACE |
| SLEDDING | SWEATER |

Search the puzzle below to find the 16 winter related words.

J H I O E Z V V O H D D Y V J
X O F Q D M V F K J H S D F O
B T G G F I R E P L A C E R M
O C E V R I P G P X P A Z O F
O O S K I I N G R A E R H Z S
T C F C Z D M W Q Z N F A E L
S O L O L G P D D N G N T N E
P A F K M Y W W H W U R S V D
W Q U X U C U V D Y I S W R D
I S N O W F L A K E N N E J I
N C T Q T L K O P H K O A A N
T I I P W G X X R J F W T C G
E G E C M I T T E N S M E K O
R G E X L K Q G S Z T A R E P
H U D X G E W C Q H L N Z T N



WORD SCRAMBLE

Try and unscramble the 5 winter related words below.

RADIBZZL _____

OWROSSNTM _____

GNIREFZ _____

OHT ETOCCOHAL _____

ODLC _____

HIDDEN PICTURE

