



St. Francis Manor

January 2021 Newsletter

St. Francis Manor is an equal
opportunity provider and employer

Names to Know
 Exec. Administrator
 Dion Schrack
 Administrator/RN
 Tiffany Criswell
 Director of Nursing
 Morgan Beck
 Activity Directors
 Julie Underhill,
 Miranda Anderson
 Dietary Manager
 Cindy Strobel
 Fitness Director
 Kayla Faas
 Office Administration
 Tammy Creps, Denise O'Polka, Shelley
 Schrack, Jamie Vogel & June Watkins



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- Page 3: Month In Review
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Important Dates

In January

Happy New Year!

1st

Martin Luther King Jr. Day

20th

(For more fun dates see the Activity Calendar)



Ruth Hasselbrink decorating
Christmas cookies.

In Memory: Margaret Morrison
 Good Luck: Betty Westercamp,
 Rosie Schrack, Jane Thompson

Birthdays & Anniversaries

Birthdays

Residents

| | |
|------------------|----|
| Bonnie Creps | 01 |
| Janice Springer | 10 |
| Delores Oliver | 12 |
| Sally Kelm | 12 |
| Pauline Couchman | 20 |
| Virginia Ashby | 23 |
| Marcile Ratcliff | 27 |
| Jack Hall | 31 |



Birthdays

Staff

| | |
|-------------------|----|
| Morgan Beck | 03 |
| Beth Bellinger | 04 |
| Ashley Lang | 05 |
| Teresa Courtney | 12 |
| Denise Cheney | 16 |
| Amy Levelle | 21 |
| John McCulley | 22 |
| Randa DeHoedt | 25 |
| Samantha Moore | 28 |
| Rosalind Van Gorp | 29 |

Anniversaries

(Department, Hire Date, Years of Service)

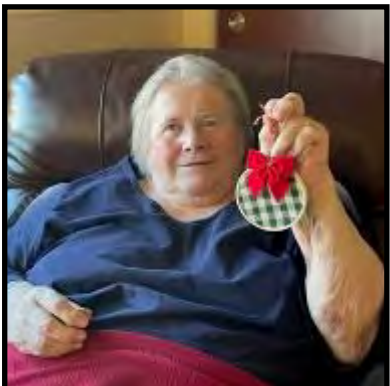
Dion Schrack, Administration
January 01, 1982, 39 Years
Julia Ingle, Nursing
January 11, 2008, 13 Years
Shelley Schrack, Administration
January 17, 2008, 13 Years
Ashley Havelly, Nursing
January 10, 2012, 9 Years
Ashley Lang, Nursing
January 10, 2012, 9 Years
Denise Cheney, Nursing
January 31, 2012, 9 Years

Denise O'Polka, Administration

January 13, 2015, 6 Years
Tonya Hess, Nursing
January 25, 2016, 5 Years
Haley James, Nursing
January 24, 2017, 4 Years
Mark Lloyd, Maintenance
January 22, 2018, 3 Years
Lindsay Campbell, Nursing
January 21, 2019, 2 Years
Jaxon Drake, Maintenance
January 28, 2019, 2 Years
Wanda DeRaad, Laundry
January 08, 2020, 1 Year
Don Schrack Jr., Dietary
January 09, 2020, 1 Year
Tammy Dufoe, Nursing
January 21, 2020, 1 Year
Barbara Hamblen, Nursing
January 24, 2020, 1 Year
Brittnee Price, Nursing
January 30, 2020, 1 Year

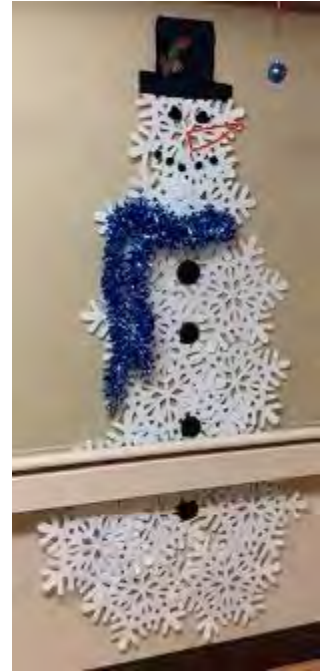
Month In Review

December sure was busy! The residents had a lot of fun getting their rooms and the facility ready for Christmas. The residents made Christmas ornaments, wreaths, banners, blankets and decorations for outside the building as well as inside. The residents also played some holiday games like the reindeer races, building a snowman and the saran gift wrap game. Residents enjoyed decorating Christmas cookies, making dessert pizza and tasting different kinds of hot chocolate. Finally, we can't forget about the residents Christmas parties—they all had a good time talking amongst themselves and playing a gift exchange game. The residents are looking forward to what January has in store for them!



How many Snowmen can you find in this Newsletter?
Answer on Page 8

SFM During Christmas



All About January

January has us braving the cold weather, watching beautiful snowfalls, and embracing the fresh start of a new year.

2020 has been kicked to the curb and 2021 sounds promising. May this year bring good health and joy to each of you. May schools, churches, and businesses be filled to capacity and hospitals have low census. May families visit loved ones without time limits and appointments. And may wearing a **MASK** be just a Halloween thing again.

Happy New Year!



January Fun Facts

Did you know that:

*The flower symbol for January is snowdrop and carnation?

***The garnet is the gem for January?**

*If you were born January 1-19 you would be a Capricorn, but from January 20-31 you would be an Aquarius?

***“The Common Sense” written by Thomas Paine was published on January 10, 1776?**

*And The League of Nations was established on January 10, 1920?

Thank You

Thank you Julie Meldrem, Walter Griffith, Gary and Connie Shebeck for donating to our Christmas Fund.

Thank you Janet Holcomb for donating afghans for the residents.



Thank you Central Iowa Christian School for singing Christmas Carols for the residents and staff.

Winter Hidden Picture



Winter Word Search



Winter



R L S E N Y B F Q S A H
X E R K C M O P D N J I
S C T V A O S K I O G T
W E D N K T A H Z W L O
O C C X I F I T P M A Z
L O J I R W T N Y A B S
E L W E P I L S G N T S
B D E V C F M R E O L E
N Z S E T A K S O E G T
E T U D K P S B D Y N I
R S N O W B A L L C U H
F I L S A R U N Y I B W



| | |
|--------|----------|
| BELOW | SKATING |
| BOOTS | SKI |
| COAT | SLED |
| COLD | SLIP |
| FREEZE | SNOWBALL |
| ICE | SNOWMAN |
| ICY | WHITE |
| SKATES | WINTER |



There are 12 Snowmen in this Newsletter.