



Hammond Center

for Assisted Living

HAMMOND CENTER HUB MARCH 2023

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Names to Know

Dion Schrack

Executive Administrator

Sammi Bryan

Manager/RN

Lauren Lacaeyse

RN

Kayla Faas

Fitness Director

Callie Shaw &

Laura Hendrickson

Activity Director

Sherry Hansen-Hass

Housekeeper

Jaxon Drake

Maintenance

Happy 4th Year Anniversary!

We have been open since March 4th, 2019. That is 4 years!!! Can you believe it???. Time flies when WE are having fun! I think you all will agree with me that we have been through A LOT in the past 4 years—Covid-19, Derecho with power outage for 2.5 days during very warm weather, and a boil Alert for City Water.

As of January 31st, all of our 20 apartments are full. We have had a total of 42 tenants who have lived in the Hammond Center. The average length of stay for a tenant residing in Assisted Living is 1.5 years. We are happy to have two tenants who will celebrate four years of living at the Hammond Center — Janyce on March 5th and Dorothy on March 19th. Others who will mark their 4-year milestones this year are Ellen, Bob, Molly, Bill, and Bev.

Our tenants average age is 90.5. Currently, 12 of our 21 tenants are 90 or above and 4 of our tenants will turn 90 this year. One of our tenants will be turning 100 years old in May!

I want to thank all of you and your families for entrusting my staff and me to care for you daily. Thank you to all of the tenants for being who you are! We have created a lot of memories and I look forward to what our next year holds.

— Sammi Bryan, Manager/RN



NEWS YOU CAN USE

Everyone is welcome to join us for these events!

Anniversary Party!

The Hammond Center will be celebrating its 4th year of being open! Please join us in celebration on Thursday, March 2nd at 1pm!

St. Patrick's Day Fun!

Friday, March 17th
we will be celebrating
at 2pm!

Important Dates in March:

4th Anniversary for
the Hammond Center
March 4th

Daylight Saving Time
March 12th

March Madness
March 14th

St. Patrick's Day
March 17th

First Day of Spring
March 20th

REMINDER:

A Hammond Center photo will be taken on Thursday, March 2nd starting at 12pm which will hang in the lobby!

Let's Celebrate!

Tenant Birthdays:

No tenant birthdays

Staff Birthdays:

Lauren Lacaeysse

March 14th

Kelly Burns

March 30th



Anniversary Move-In for March!

- Janyce Heishman 3/5/19
- Dorothy Peak 3/19/19
- Marilyn Cummings 3/1/22

Happy Hour

Time: Fridays at 4:00pm

Location: HC Lobby

Details: Bring your own beverage, does not need to be alcohol.
Come join the social time!

Movie Showing in March:

31st @ 1:30pm — "My Girl"
1hr & 42 mins

Music Entertainment

Thursday, March 16th
2:00pm– Dennis Perry
Theater Room

MONTHLY RECAP



On February 3rd, we celebrated Go Red Day! Fitness Director Kayla Faas educated attendees on the alarming statistics of heart disease and the importance of improving your heart health! Seeland Park resident Betty Niday shared her experience of suffering a heart attack in September 2022 and graduating from cardiac rehab last month! Thank you Kayla for planning this fun event!



The Central Iowa Christian School kids visited the Hammond Center in February! The tenants made valentines for the kids and the kids sang and danced for the tenants. We always look forward to their visits!



Cookies made by the tenants!



Valentine's Day at the Hammond Center! We enjoyed a short get-together with yummy snacks, some Valentine's fun facts, goodie bags, and door prizes.

HC CREW

We had another fun Friday at the Hammond Center. PRN Activity Director, Abby was able to come and have coffee time with the tenants! Below are some things they discussed.



Bev has many hand-made handkerchiefs she has been gifted throughout the years! The dresser she keeps them in came on a covered wagon from Virginia in the 1800s!



Clara is pictured with her wedding photo from 60 years ago! Clara remembers it pouring outside on her wedding day!



Doris had many old photos of Montezuma and the history of Slabtown!



Dorothy passed around a newspaper she had kept from 1945 about President Roosevelt's death.



A new activity called chair volleyball was enjoyed in February. We'll play it again in March with a beach ball! Come join us!



The HC celebrated Mardi Gras by making their own masks!



FAVORITE MEMORIES FROM TENANTS

Marge Kaloupek—1) I remember after I had only been here a couple days and when I was going to sleep at night, I noticed that the UWs had made my bed. My mother always used to make my bed and my siblings' beds. It made me nostalgic. 2) Also after I just moved in, Dorothy Latcham, who I didn't really even know, greeted me in the dining room and made me feel welcomed. Besides staff, she really made me feel at home here.

Bill Wilson—The Veteran's Day program in November 2022. It was quite an honor for me to be a part of that celebration and memorial.

Bev Creps—Getting to know Rhea Light and Dorothy Latcham. Dorothy would pop popcorn and bring it to my room and we would chat. We got to know each other pretty well.

Marilyn Cummings—Getting to know new people, but also being with old friends or people I already knew before.

Joyce Paul—Any of the outings. It was good to get out and get some fresh air.

Clara Scott—When I first came, I was shocked at how many people I knew already (Ellen, Bob, Dorothy). I didn't think I was going to like it here, but I do. Another favorite memory is when Sherry gave me some markers for coloring because she wanted me to have more than my 10-pack!

Dorothy Peak—I enjoyed so much when we used to get together on Sunday mornings to sing songs. Enjoyed being together with the group and singing from the songbooks.

Theda Fopma—I remember when I first moved in and Clara lived across the hall from me. She helped me so much, showed me how to use the elevator. She's a wonderful lady and has a heart of gold.

Nancy Clement—My favorite memories are of getting to know people. Bev Creps and Bill Wilson have made me feel welcome.

Bob Terlouw—Going on Walmart outings and getting to see old friends.

Janyce Heishman—There were only a few of us here at the very beginning. We all stuck together and were like a family. Things ran very smoothly that way.

Pat Smith—My birthday party and the Christmas party, both in December 2022.

Ellen Merck—Being able to use the sewing room and having my group there. My 98th birthday party with family and with tenants. 98 roses! Outings to the Dollar Tree. And Bingo!

Merv Morgan—Going for rides on the Fun2Go bike and getting to be outside in the fresh air and sunshine.

Molly Crawford—When Bill broke his leg and all the workers treated him so well. They also took me over to see him everyday. I was very thankful for that.

Mary De Pauw—Getting to know the helpers especially, as well as all the other tenants.

Jane Thompson—The friendships that I've made. The birthday parties are also a lot of fun.

Doris Lowry—The outings! Meskwaki Casino, restaurants and shopping trips.

Lois Hurd—The parties like, Christmas and Anniversary parties are my favorite memories!

Al Terpstra—I haven't been here long but I hope to make some favorite memories!

STAFF MEMORIES



Kelly: My favorite memory from the Hammond Center would have been my birthday last year. I had been working all day and the tenants surprised me with a birthday party. I was completely surprised and felt so loved!



Ashley: Playing cards with the tenants is always so much fun. When the tenants ask to play, it makes me happy to know they want to spend time with me!



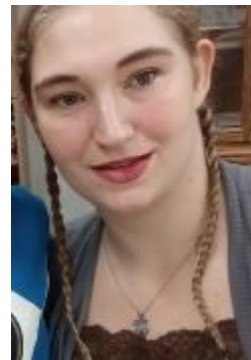
Laura: I had a lot of fun on the West Side outing in January. I also have liked when I get to go on afternoon walks with Merv when the weather is nice.



Callie: My one of many favorite memories would have to be National Assisted Living Week last September. We took the tenants out for lunch, went to Central Park, and had lots of fun. I made so many memories with each tenant!



Lauren: My favorite memory would have to be when the families did a parade for the tenants during COVID!



Nikki: My favorite memories have come from teasing the tenants! I love to get a good laugh out of them!



Cassie: Some of the favorite memories I have made are when I am playing cards with the tenants or having one to ones. This lets me get to know the tenants better!



Sherry: When I came back to the Hammond Center, I was welcomed with open arms. Everyone made me feel loved and I was treated like family.