Hammond Center for Assisted Living

Hammond Center Hub November 2026

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Names to Know:

Dion Schrack
Executive Administrator

Sammi Bryan
Manager/RN

Lauren Lacaeyse
RN

Callie McCaslen
Fitness Director

Ryanne Jansen
Activity Director

Kerry Spooner
Housekeeper

Jaxon Drake
Maintenance

In October we celebrated three tenants at the Hammond Center. Bill Wilson turned 94 on the 9th, Betty Hammond turned 93 on the 12th, and Shirley Pistulka turned 88 on the 25th. We are so grateful for all of them and happy to celebrate them.







News You Can Use



Thanksgiving Fun Facts

- Abraham Lincoln declared Thanksgiving a national holiday in 1863 during the Civil War.
- Americans consume over 46 million turkeys each Thanksgiving, totaling billions of calories from turkey alone.
- The Dallas Cowboys and Detroit Lions are the most frequent NFL teams to play on Thanksgiving, with the Lions participating almost every year since 1934.
- The Macy's Thanksgiving Day Parade first featured a balloon in 1927, with Felix the Cat as the inaugural character.



To Ron Johnston, Bob Ryan, Glenn Van Dyke, and Bill Wilson –

Thank you for your service. You answered when your country asked, you gave up years of ordinary life to stand where most of us never have to, and you carried the weight of protecting our nation so the rest of us could go on with ours. That isn't a small thing, and it isn't something we should let pass without saying.

We're grateful – for what you did, for what it cost you, and for the kind of people it took to do it. Thank you.

Important November Dates

2nd- Walmart Outing at 10:00
3rd Election Day
12th Veterans Remembrance Program at 2:00
16th Walmart Outing at 10:00
19th Frontier Outing at 11:30
24th Pie Baking at 10:00
26th Thanksgiving
30th Walmart at 10:00



Please join us for weekly Bible study.
Every Tuesday
Time: 6:00 PM
Location: Hammond Center - Theater Room
Come study, connect, and grow in faith with us!

Greet Our Furry Friends

The Who's Leading Who therapy dogs will be visiting the HC on November 14th around 2:45pm. Come to the dining room for some tail-wagging joy!

Homecoming Recap



We kicked off the month with Homecoming week, and what a week it was! Staff and tenants had a great time dressing up each day and snapping photos of their outfits.

Monday — Pajama Day
Tuesday — Decade Day
Wednesday — Western Wednesday
Thursday — Team Spirit Day
Friday — Funky Friday

Thursday morning we crowned our Homecoming royalty. We were a little short on men this year, so we celebrated with two queens instead of a king! This year we were honored to have Shirley Sieck and Shirley Pistulka as our 2026 Homecoming Queens.

Thursday afternoon we unfortunately had to cancel the facility parade due to rain. As the rain moved out, we were still able to walk in the parade with our queens in tow. They had a blast waving and passing out candy to the kids.

















Monthly Review

October Highlights & Look Ahead! 🍁

This month started off with a bang! We crowned our queens and celebrated the community at the Grinnell homecoming parade.

The celebrations didn't stop there—we also blew out the candles for three special birthdays this month! 🎂

Thanks to the beautiful fall weather, we were able to keep our wheels turning with some wonderful bike rides, enjoying the crisp autumn air. We also fully embraced the spooky season with a variety of fun, Halloween-themed crafts. 🎨🎃

As we look forward to the months ahead, Sammi gave us a friendly reminder: as of October 26th, there are only 8 Mondays left in the year! We can't wait to see what the rest of the season brings.














In Memory of

This past month and a half, we had to say goodbye to two of our tenants, Linda Winchell and Donna Weisskopf.

Linda and Donna were both active at the Hammond Center — you could count on them at almost every activity and outing. Linda's smile could light up a room, and she was fun to joke around with; she could give it back as quick as you could. Donna was always so appreciative of everything the staff did for her. She was kindhearted and loved to paint, and her steady hand with the brush was impressive to watch.

Linda and Donna will be greatly missed, but we know they are at peace and in a better place.















Sudoku

Moderate

2		4					9	8
3							2	
	8				1	7		
		3			9	4	5	2
							3	
			6	4		9	7	1
			1		7	3	6	4
	6			3		5	8	
			5		4		1	9

Fill each box with a number between 1 and 9 in a manner that the same number does not appear twice in any specific row or column.

2	5	4	3	7	6	1	9	8
3	1	7	4	9	8	6	2	5
9	8	6	2	5	1	7	4	3
6	7	3	8	1	9	4	5	2
1	4	9	7	2	5	8	3	6
8	2	5	6	4	3	9	7	1
5	9	2	1	8	7	3	6	4
4	6	1	9	3	2	5	8	7
7	3	8	5	6	4	2	1	9

November Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Cereal Egg Honey Bun Coffee Cake	2 Cereal Egg Bacon Toast	3 Cereal French Toast Sausage Link	4 Cereal Frittata Bacon	5 Cereal Egg Sausage Link Toast	6 Cereal Scrambled Egg With Ham Toast	7 Cereal Egg Bacon Mini Donuts
8 Cereal Egg Danish	9 Cereal Egg Bacon Toast	10 Cereal Egg Biscuit Sausage Gravy	11 Cereal Donut Egg	12 Cereal Egg Bacon Toast	13 Cereal Cinnamon Roll Egg	14 Cereal Egg Toast
15 Cereal Egg Muffin	16 Cereal Egg Bacon Toast	17 Cereal Pancakes Egg Sausage Link	18 Cereal Breakfast Sandwich	19 Cereal Peaches & Cream Coffee Cake Sausage Link	20 Cereal Sausage Gravy Biscuit	21 Cereal Mini Donuts Egg
22 Cereal Frittata Sausage Link Toast	23 Cereal Sausage Link Egg Toast	24 Cereal Scrambled Egg With Ham Toast	25 Cereal Pancakes Bacon	26 Cereal Egg Toast	27 Cereal Egg Bacon Toast	28 Cereal Scrambled Egg Graham Streusel Coffee Cake
29 Cereal Sausage Link Cinnamon Roll	30 Cereal Egg Toast				KITCHEN PHONE NUMBER: 641-269-5423	

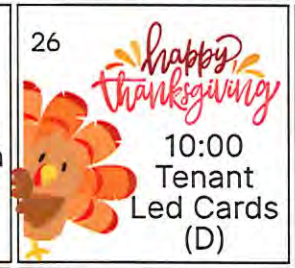
November Dinner Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Salisbury Steak Mashed Potatoes Scalloped Corn Roll Pie	2 Ravioli W/ Meat Sauce Tossed Salad Breadstick Raspberry Blackout Bar	3 Baked Ham Parmesan Scalloped Potatoes Cascade Blend Vegetables Peanut Butter Brookie	4 Tenderloin French Fries Rotini Pasta Salad Ice Cream	5 Roast Pork Mashed Potatoes W/ Gravy Carrots Oatmeal Caramel Bar	6 Cheeseburger French Fries Apple Cider Slaw Fluffy Lemon Angel Dessert	7 Escalloped Chicken Mashed Potatoes Green Beans Creamy Banana Pudding
8 Glazed Meatloaf Mashed Potatoes Country Trio Vegetables Pie	9 Open Face Hot Turkey Sandwich Mashed Potatoes Corn Butterfinger Dessert	10 Beef & Noodles Mashed Potatoes Glazed Carrots Peanut Butter Blondie	11 Pork Chops In Sour Cream Gravy Baked Potato Buttered Peas Homestyle Peach Cobbler	12 Parmesan Baked Chicken Au Gratin Potatoes Cascade Blend Vegetables Tapioca Strawberry Dessert	13 Fish & Chips Creamy Coleslaw Cornbread O Henry Bar	14 Goulash Corn Breadstick Pudding Parfait
15 Roast Beef Mashed Potatoes Beef Gravy Loaded Cauliflower Casserole Roll Pie	16 Boneless Fried Chicken Macaroni & Cheese Green Beans Banana Split Dessert	17 Lemon Chicken Butter & Herb Rice Pilaf Broccoli Candy Bar Blondie	18 Salisbury Steak Parslied Potatoes Glazed Carrots Strawberry Shortcake	19 Chicken Kiev Hashbrown Casserole Buttered Peas Sherbet	20 Baked Ham Herb Parmesan Baby Bakers Green Beans Cherry Poke Cake	21 Chicken Fried Chicken Mashed Potatoes Cream Gravy Peas & Carrots Oreo Fluff
22 Chicken Cordon Bleu Scalloped Potatoes Cascade Blend Vegetables Roll Pie	23 Spaghetti & Meat Sauce Tossed Greens Breadstick Cupcake W/ Frosting	24 Beef Stroganoff Mashed Potatoes French Green Beans Twisted Strawberry Shortcake	25 Glazed Meatloaf Mashed Potatoes Glazed Carrots Cherry Delight	26 Turkey Mashed Potatoes W/ Gravy Dressing Green Bean Casserole Pumpkin Pie	27 Honey Butter Biscuit Pollock Baked Potato Broccoli Strawberry Cheesecake	28 Maidrite French Fries Macaroni Salad Ice Cream
29 BBQ Chicken Baked Beans Creamy Coleslaw Roll Pie	30 Chicken Fried Chicken Mashed Potatoes Cream Gravy Honey Buttered Carrots Devils Food Cake W/ Chocolate Ganache				KITCHEN PHONE NUMBER: 641-269-5423	

November Supper Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BBQ Rib Sandwich Potato Chips Dill Pickle Spear Pears	2 Homemade Chicken Noodle Soup Crackers ½ Deli Sandwich Mandarin Orange Gelatin	3 Sloppy Joe Seasoned Tots Sweet Pepper Slaw Mixed Fruit	4 Cheese Broccoli Soup Baked Potato Peaches Cookie	5 Tuna Salad Sandwich Potato Salad Potato Chips Sherbet	6 Wisconsin Cheese Soup Crackers ½ Ham Salad Sandwich Fruit	7 BBQ Pork Sandwich Baked Beans Potato Chips Fruit
8 Pizza Tossed Salad Cookie Sherbet	9 Crispy Chicken Sandwich Potato Chips Pasta Salad Banana Berry Cup	10 Creamed Chicken Biscuit Pickled Beets Ice Cream	11 Pizza Burger Caesar Pasta Salad Green Beans Mandarin Oranges	12 Split Pea Soup W/ Ham Crackers ½ Egg Salad Sandwich Fruited Gelatin	13 Cream Of Tomato Soup Grilled Cheese Sandwich Tossed Salad Pears	14 Scalloped Potatoes & Ham Buttered Peas Fruit Cookie
15 Chicken Strips Potato Salad Baked Beans Mandarin Oranges	16 Potato Soup ½ Deli Sandwich Tossed Salad Pears	17 Hot Dog Potato Salad Potato Chips Fruit	18 Tater Tot Casserole Corn Pudding	19 Beef Stew Biscuit Cucumber & Onion Salad Berry Cup	20 Cheeseburger Casserole Tossed Salad Peaches Cookie	21 Egg Salad On Croissant Sun Chips Coleslaw Fruit
22 Old Fashioned Tuna & Noodles Pickled Beets Berry Cup	23 Grilled Ham & Cheese Sandwich Potato Chips Cottage Cheese & Peaches Cookie	24 Chicken Salad On Croissant Potato Salad Blushing Pears	25 Bratwurst Burger Cucumber Pasta Salad Pudding	26 BBQ Meatballs Creamy Coleslaw Dark Sweet Cherries Cookie	27 Beef Barley Soup Ham Salad Sandwich Fruit	28 Pizza Tossed Greens Mandarin Oranges Cookie
29 Goulash Green Beans Breadstick Peaches	30 Loaded Baked Potato Soup Crackers ½ Deli Sandwich Sherbet				KITCHEN PHONE NUMBER: 641-269-5423	

November 2026

SUN	MON	TUE	WED	THU	FRI	SAT
1 Grinnell United Methodist Church at 2:30 (SFM)	2 9:30 SHAPE 3 (A) **10:00 Walmart (O)** 10:00 Cards (D) 2:00 Judy C Birthday Party (D)	3 9:30 Chair Yoga (A) 10:00 Puzzle Contest (D) 2:00 BINGO (O) 6:00 Bible Study (T)	4 9:30 Walk Challenge 10:00 Sequence (D) 2:00 Mexican Train (D) 2:00 Wii Bowling/ Ping Pong (E)	5 9:30 SHAPE 3 (A) 10:00 Sip and Chat (D) 2:00 Manicures (ACT)	6 9:30 Chair Yoga (A) 10:00 Gratitude Banner (D) 2:00 Ice Cream Machine(D)	7 10:00 Tenant Led Cards (D)
8 Dick and Jane Larson at 2:30 (SFM)	9 9:30 SHAPE 3 (A) 10:00 Cards (D) 2:00 BINGO (D)	10 9:30 Chair Yoga (A) 10:00 Group Brain Teaser (D) 2:00 Chinese Checkers (D) 2:00 Chair Volleyball with Seeland Park (A) 6:00 Bible Study (T)	11 9:30 Walk Challenge 10:00 Sequence (D) 2:00 Mexican Train (D) 2:00 Wii Bowling/ Ping Pong (E)	12 9:30 SHAPE 3 (A) 10:00 Thanksgiving JINGO (D) 2:00 Veterans Program (SFM)	13 9:30 Chair Yoga (A) 10:00 Plates are full Craft (D) 2:00 Movie- Grumpy Old Men (T)	14 10:00 Tenant Led Cards (D) 2:45 Therapy Dogs (D)
15 Tom and Theresa Anderson at 2:30 (SFM)	16 9:30 SHAPE 3 (A) **10:00 Walmart (O)** 10:00 Cards (D) 2:00 BINGO (D)	17 9:30 Chair Yoga (A) 10:00 Tenant Council (T) 2:00 Scattergories (D) 6:00 Bible Study (T)	18 9:30 Walk Challenge 10:00 Baking Cookies (D) 2:00 Mexican Train (D) 2:00 Wii Bowling/ Ping Pong (E)	19 9:30 SHAPE 3 (A) 10:00 Cards **11:30 Outing to Frontier (O)** 2:00 Pat Stout's Birthday Party (D)	20 9:30 Chair Yoga (A) 10:00 Manicures (ACT) 2:00 Ice Cream Machine(D)	21 10:00 Tenant Led Cards (D)
22 TV Church Service Channel 116TBN	23 9:30 SHAPE 3 (A) 10:00 Cards (D) 2:00 BINGO (D)	24 9:30 Chair Yoga (A) 10:00 Pie Baking (D) 2:00 Craft (D) 2:00 Chair Volleyball with Seeland Park (A) 6:00 Bible Study (T)	25 9:30 Walk Challenge 10:00 Darla's Birthday Party (D) 2:00 Mexican Train Dominoes (D) 2:00 Wii Bowling/ Ping Pong (E)	26  10:00 Tenant Led Cards (D)	27 9:30 Chair Yoga (A) 10:00 Facebook Review (T) 2:00 Sequence (D)	28 10:00 Tenant Led Cards (D)
29 Sully Christian Reformed Church at 2:30 (SFM)	30 9:30 SHAPE 3 (A) **10:00 Walmart (O)** 10:00 Cards (D) 2:00 BINGO (D)					