

## Mission Statement

ST. FRANCIS MANOR IS DEDICATED TO:

- Consistently providing quality service; and
- Ensuring a supportive environment that promotes the physical, mental, emotional and spiritual well-being of all those we serve through dignity, respect, and integrity.

*"I knew St. Francis Manor had great therapy so I wanted to go there for skilled care after having heart surgery. I was thankful they had a bed open and I had a place to help me recover." Following his 5-month recovery period, Gordon said, "I enjoyed being at St. Francis Manor. I love people and the relationships I made there. I still stop by St. Francis Manor once a month to visit."*

– Gordon Van Donselaar  
Former Patient

## Skilled Nursing and Long-Term Care



### St. Francis Manor

A Life Plan Community



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## Activities, Dining & Services

Our activity directors enjoy planning group activities and events to keep residents active and entertained, including arts & crafts, exercise, baking, reading stories, playing games, holiday parties, musical entertainment, guest speakers, etc.

Healthy and nutritious meals approved by a dietitian are served three times a day and nutritious snacks are also available to residents who desire a mid-afternoon or before bedtime snack. Family members are welcome to enjoy a meal with their loved one at a low cost payable in the Administration Office.

We also make it easy for family members to spend time with their loved one by offering several social rooms for private gatherings or functions which can be reserved by calling the Administration Office.

**Dion Schrack**  
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St. Francis Manor is an equal  
opportunity provider and employer



*Recognized as a Top Performing  
Best Nursing Home for 2017-18  
by U.S. News & World Report*



## Services & Information

- 22+ private rooms
- Whirlpool bathing system or shower
- Complimentary transportation to in-town appointments by wheelchair-accessible van
- Mental health services
- On-site podiatry care
- On-site dentistry care
- Exercises led by Fitness Specialist
- Complimentary cable TV service
- Beauty salon
- Annual immunizations and preventative care
- Monitoring system for residents with Alzheimer's/dementia
- Hospice care if needed
- Licensed by the State of Iowa
- Medicare and Medicaid certified
- Individual choice of physician
- Preferred provider for multiple private insurances
- Social worker available
- High staff to resident ratio
- Active residents' council
- Active volunteer program
- Annual resident/family surveys

St. Francis Manor, a community-owned nonprofit healthcare center, has been serving the changing healthcare needs of the greater Poweshiek County area since 1977. In addition to providing skilled nursing and rehabilitative services as well as long-term nursing and restorative care, St. Francis Manor is part of a Life Plan Community that includes 145 independent living homes (see **Seeland Park** brochure) and will soon add an assisted living community of 20 apartments.



### *Skilled Nursing Care & Rehabilitative Services*

St. Francis Manor's dedicated transitional care unit provides private rooms to individuals who require skilled nursing care and rehabilitative services before they can safely transition home following surgery, joint replacement, stroke, or other serious medical conditions. Medicare Part A (hospital insurance) and private health insurance plans typically provide coverage for skilled care after an individual has had a qualifying hospital stay.

Our skilled care services include a rehabilitation plan for physical, occupational and/or speech therapy (see **Rehabilitation Clinic** brochure) to ensure you are able to make a safe transition home. If needed, therapy services can also be

continued on an outpatient or in-home care basis to keep you progressing toward a full recovery.

### *Long-term Nursing & Restorative Care*

Restorative care is a free service provided by St. Francis Manor to its long-term care residents who are able to regain and/or maintain independence through a variety of active and/or passive exercises. When appropriate, a targeted program is designed for the individual based upon his/her specific needs and abilities and is implemented by our Restorative Aides. Restorative care promotes and supports more active lifestyles for our residents and encourages greater participation in daily activities.